## FOR IMMEDIATE RELEASE

Contact: Darlene Hellenberg, FADL Assistant Director

darlene@ferndalepubliclibrary.org

Ferndale Library's "Hygge The Winter Away" Partnering with The Plant House Thurs., Feb 13 6:30pm 222 E. Nine Mile Rd 248-546-2504

Registration Required: <a href="http://tiny.cc/od4diz">http://tiny.cc/od4diz</a>
Info: <a href="mailto:facebook.com/events/524796054913419/">facebook.com/events/524796054913419/</a>

## Ferndale Librarians Continue Their Craftiness, Capping Off Hygge Series Feb 13

**FERNDALE**, **MI (Jan 21, 2020--)** There are still some spots left for adult Ferndale Library patrons to register for the "Hygge The Winer Away" finale program on Thurs., Feb 13, at 6:30 pm, focusing on the benefits of prevalent house plants. About two years ago, two Ferndale Librarians recognized the lack of opportunities for adults to socialize and engage their creative sides where they wouldn't have to be at a bar, late at night, doing trivia nights or some other more outlandish trend. The library could serve as a safe, welcoming space where they could attend a guided program that reactivated their creativity--a creativity that might not have been very nurtured beyond their days in elementary art classes.

Librarian Michelle Williamson and Ferndale's Assistant Director Darlene Hellenberg wanted to excite specific age groups who may still misperceive the library as a place for kids' storytimes or perfunctory lectures. They wanted to show adults how much fun they could be having at the library, while also getting to socialize in a setting that didn't require them to buy a beer (or dress to impress, even). More and more, we're realizing that adults are not setting aside enough time, if at all, for simple, relaxing, uncompetitive 'play,' or, if you'd rather, recreational activity.

Starting out with their wildly popular **Adulting 101** series, the duo kept their momentum going into the summer months with themed craft nights where adults could make glow-in-the-dark t-shirts or *Stranger Things*-inspired paraphernalia. This led to their latest crafty incarnation, the "Hygge Your Winter Away" series. On Thurs., Feb 13, pre-registered adults will attend the fourth installment of a monthly series inspired by the Scandanavian word for comfort and coziness. Following craft nights that found adults making their own macrame wall art, learning about (and sampling) craft cocktails, and designing confetti luminaries, they'll now learn about how to bring nature inside and create a cozy environment in their homes, when Tiffany Best from the Rust Belt Market's Plant House helps them discover the secrets of houseplant health.